

The logo for Seaforce Powerboats features the company name in a bold, sans-serif font, with a stylized white graphic of a boat's hull or a wake behind it.

SEAFØRCE
POWERBOATS

RYA First Aid

Syllabus

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RYA First Aid

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Aim

Providing a working knowledge of vital information for the provision of first aid treatment while afloat. In an emergency even a little knowledge can save lives especially in remote areas. It is MCA and HSE approved.

Course Duration

1 day

Minimum Age

16 years

What's Included

- Course handbook
- Use of modern first aid teaching aids
- Modern light and airy classrooms on the water, conducive to learning.
- Knowledgeable, approachable instructors
- Drinks and refreshments served through the day

Prior Knowledge and Experience

No prior knowledge or experience is required to undertake this course!

Skills Gained

Confidence and ability to assess treat and get help for any casualty even while afloat on the boat. Have knowledge of all the latest protocols regarding CPR and best practise treatment. Perform CPR to current protocols, and understand the differential for drowning. Understand the importance of the recovery position and the need to modify it for a small space.

Opportunities After The Course

The certificate can be used in your application to become an RYA Instructor or towards a commercial examination for a skippers certificate of competence.

Suggested Courses

SRC (VHF) radio operator course
Sea Survival
PPR

Course Content

- Assessment of casualty
- Immediate actions and the priorities within first aid
- Unconsciousness and the recovery position
- CPR (latest protocols)
- Drowning
- Breathing difficulties
- Failure of the circulation system
- Shock
- Blood loss and the control of bleeding
- Recognition of internal bleeding
- Angina and heart attack Session
- Levels of response and the APVU scale
- Head injury: concussion and compression
- Immersion hypothermia and cold shock
- Burns
- Sunburn
- Exposure hypothermia/hyperthermia
- Drowning and water ingestion
- Seasickness and dehydration
- Diabetic emergency

- Seizures
- Fractures, including spinal injuries
- First aid kits
- Perform CPR to current protocols, and understand the differential for drowning
- Understand the importance of the recovery position and the need to modify it for a small space
- Apply direct pressure to a wound to control bleeding
- Understanding the term shock, recognising and treating it, with particular reference to internal and external bleeding
- Understanding the treatment for cold shock and hypothermia following immersion and/or exposure
- Recognise the signs of a reduced level of response, with particular reference to serious head injuries
- General treatment for: a) breathing difficulties c) chest pain e) seasickness g) diabetic emergency b) anaphylaxis d) hyperthermia f) fractures h) seizures i) burns
- Choosing suitable first aid equipment for the boat
- Understand how to get medical advice or assistance by radio
- Medicav: Understand how to prepare for the evacuation of a casualty by helicopter
- Advice or assistance by radio
- For the skippers of MCA-coded boats:
The contents and use of the category C first-aid kit, including the pocket mask



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Like what you see?
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Gotta Question?

(We should have the answer on our FAQs page)

[FAQs](#)

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